

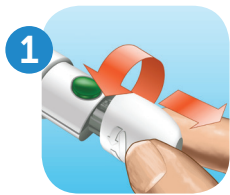
Getting Started Guide

OneTouch® Delica® Plus lancing device

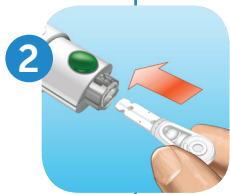
Make every test Virtually Pain Free



Preparing your lancing device



1 Remove the lancing device cap



2 Insert a sterile lancet into the lancing device and remove its protective cover



3 Replace the lancing device cap



4 Adjust the depth setting
Smaller numbers are for a shallower puncture and larger numbers for a deeper puncture.



5 Cock the lancing device by sliding the button back until it clicks

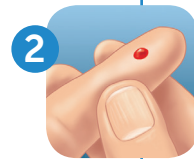
Now you can test

Testing and removing the used lancet



1 Puncture your finger

Hold the lancing device firmly against the side of your finger. Press the release button to puncture.



2 Apply the sample

Apply the blood sample following the instructions in your OneTouch® Owner's Booklet for proper sample application.



3 Remove the lancing device cap again



4 Cover the exposed lancet tip

Place the lancet protection cover on a hard surface and push the lancet tip into the flat side of the disk.



5 Eject the lancet

Holding the lancing device downwards, push the slider forward until the lancet comes out. Push the cap back onto the device.



6 Replace the lancing device cap

Discard the used lancet carefully after each use to avoid unintended lancet stick injuries.

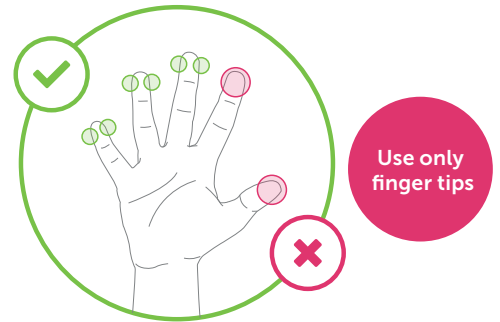
Use with OneTouch® Delica® Plus or OneTouch® Delica® lancets.

Before using the OneTouch® Delica® Plus lancing device to test blood glucose, carefully read the OneTouch® meter Owner's Booklet and inserts that come with the system.

ONETOUCH®
every touch is a step forward™

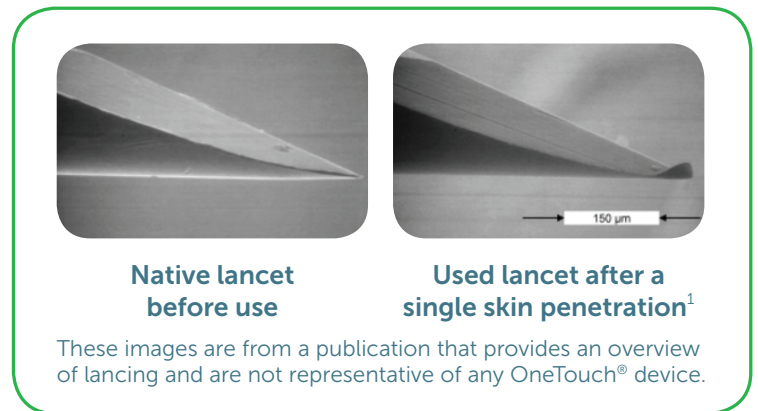
Tips to help make blood glucose checks less painful and reduce the chance of infection

- **Before testing, wash your hands and the sample site with warm, soapy water.** Rinse and dry completely. Contaminants on the skin may affect results.
- **Use a new sterile lancet each time you test. Do Not Re-use**
- **Gently squeeze and/or massage your fingertip** until a round drop of blood forms.
- **Apply the lancing device to the side of the upper part of your finger.**
- **Choose a different puncture site each time you test.** Repeated punctures in the same spot may cause soreness and calluses.
- **Never share a lancet or lancing device with anyone.** For single patient use only.



Use a new OneTouch® Delica® Plus sterile lancet with each test to make lancing virtually pain free.

Lancet reuse can dull or bend the tip of the lancet, causing damage to your skin, scarring and greater pain.



Ask for the OneTouch® Delica® Plus lancing device and 30g (Fine) or 33g (Extra Fine) lancets at your pharmacy.



1. Heinemann L, Boecker D. Lancing: Quo Vadis? Journal of Diabetes Science and Technology 2011;5(4):966–981.