Got a high pattern?
Got a low pattern?
OneTouch® Verio®IQ will let you know.

Every time you test, your meter automatically searches for high or low glucose patterns and notifies you when it finds one.
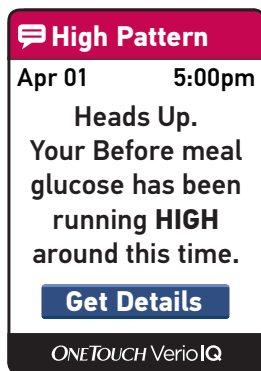
Your meter color-codes your pattern messages using **red for high**, **blue for low**, so you can see in an instant which kind of pattern was detected. This makes it easier to identify patterns with OneTouch® Verio®IQ than with a logbook.

Your meter comes with preset pattern limits:

High (before meal)	Low (anytime)
130 mg/dL	70 mg/dL

To personalize your limits, see Chapter 1 of your Owner's Booklet.

To learn more, keep reading, and refer to Chapter 4 of your Owner's Booklet.

High Pattern
Apr 01   5:00pm
Heads Up.
Your Before meal glucose has been running **HIGH** around this time.
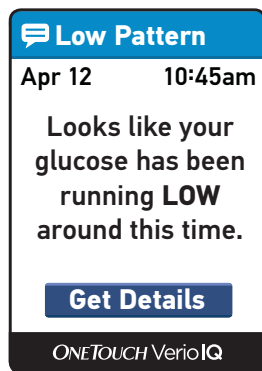Get Details
ONETOUCH Verio IQ

A **High Pattern** message appears when your meter records:

- 3 results that are over the **High Limit**
- Over 5 consecutive days
- From the same time of day (within 3 hours)

(High patterns only include results tagged "Before meal," so be sure to tag.)
For more details, press OK.

High Details
                    mg/dL
Apr 01
5:00pm   🍎   180
Mar 31
5:15pm   🍎   192
Mar 30
4:32pm   🍎   175
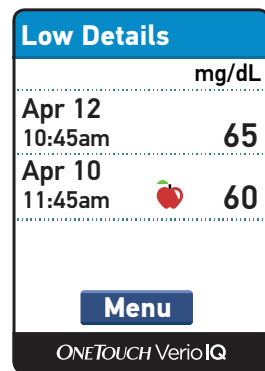Menu
ONETOUCH Verio IQ
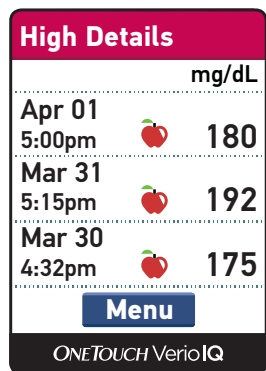
High Details shows you the results that created your before meal high pattern, so that you can think about what may have caused it and what you could do to prevent it from recurring.

Low Pattern
Apr 12   10:45am
Looks like your glucose has been running **LOW** around this time.
Get Details
ONETOUCH Verio IQ

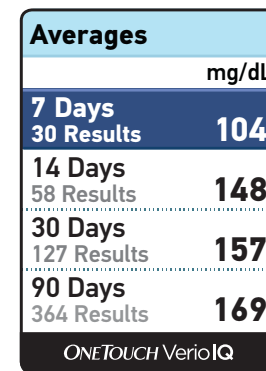A **Low Pattern** message appears when your meter records:

- 2 results below the **Low Limit**
- Over 5 consecutive days
- From the same time of day (within 3 hours)

For more details, press OK.

Low Details
                    mg/dL
Apr 12
10:45am   65
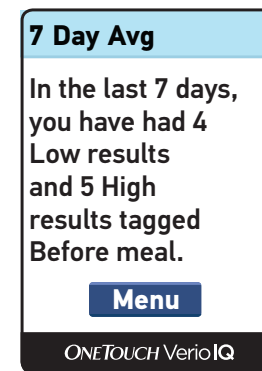Apr 10
11:45am   🍎   60
Menu
ONETOUCH Verio IQ

Low Details shows you the results that created your low pattern, so that you can think about what may have caused it and what you could do to prevent it from recurring.

See progress over time:
Take a look at your averages.

Averages
                    mg/dL
7 Days
30 Results   104
14 Days
58 Results   148
30 Days
127 Results   157
90 Days
364 Results   169
ONETOUCH Verio IQ

Your meter stores your most recent 750 test results to calculate your **Averages** over 7-, 14-, 30-, and 90-day periods. It's a good way to see how you've been doing over time.

---

7 Day Avg
In the last 7 days, you have had 4 Low results and 5 High results tagged Before meal.
Menu
ONETOUCH Verio IQ

Press OK on one of your averages to see a summary of your high and low results on one handy screen. The more data you have to share with your healthcare team, the better—and this is an excellent way for them to view it.

START HERE ▶

Part 1:
A quick little introduction to your new system.

Get to know your OneTouch® Verio®IQ.

The parts.

OneTouch® Verio® Test Strip

The side fill design lets you apply just a speck of blood to either side of the test strip.

It's the only test strip that works with your OneTouch® Verio®IQ Meter.

Illuminated Screen and Testing Area

When you insert a test strip, the color screen and meter cap will light up. This allows for testing in dimly lit or dark conditions.

Rechargeable Battery

It's an eco-conscious rechargeable battery and it's easy to charge with the AC adapter and/or mini USB cable (both included).

OneTouch® Delica® Lancing System

Patients feel the OneTouch® Delica® Lancing System is more comfortable than their previous lancing systems.* A new lancet for each test helps keep it that way.

*Response from study subjects when asked to compare OneTouch® Delica® to their current lancing device.

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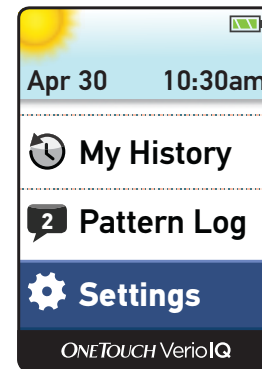Meter made in China

The icons and color key.

🍎 Before meal tag

🍎 After meal tag

🔋 Battery power indicator

💬 Red for high

💬 Blue for low

⌃ Scroll up

⌄ Scroll down

↰ Back button

OK Press and hold to turn meter on and off; press and release to accept a setting

Get your meter up and running.

In your Owner's Booklet, you can find detailed instructions on:

• Setting up your meter
• Testing
• Charging your battery and troubleshooting

Meanwhile, here are some quick tips on where to find more information.

Apr 30   10:30am

🕐 My History

💬 Pattern Log

⚙ Settings

ONETOUCH Verio IQ

Apply Blood

ONETOUCH Verio IQ
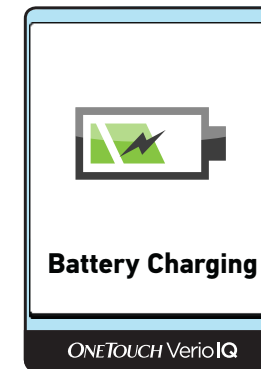
Battery Charging

ONETOUCH Verio IQ

Setting up your meter.

From the Main Menu, select **Settings** to set the date and time. See Chapter 1 in your Owner's Booklet for more information.
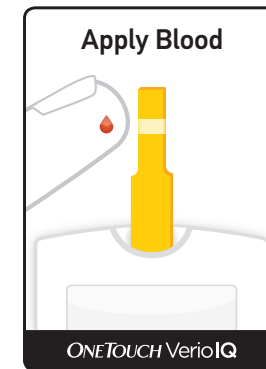
Taking a test.

After you insert your test strip into the meter, **Apply Blood** appears on the display. You can apply blood to either side of the strip. See Chapter 2 for more information.

Charging your battery and troubleshooting.

If your meter won't turn on, first try charging it. For more information on battery charging and general troubleshooting, see Chapters 6 and 7.

ONETOUCH Verio IQ

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Part 2:
Things you didn't know your meter could do.

AW 06755001B